

million dollar beauty

AS OSCAR-WINNER **HILARY SWANK**, STAR OF MILLION DOLLAR BABY AND BOYS DON'T CRY, BECOMES THE NEW FACE OF GUERLAIN, WE CATCH UP WITH HER BACKSTAGE AT A PHOTO SHOOT, FOR THE LOWDOWN ON HER BEAUTY SECRETS

It's hard to define beauty but for me, it's someone who has a strong sense of self and doesn't compromise who they are.

I have a set daily beauty routine.

I drink a full bottle of water before I even get out of bed in the morning so I start off every day hydrated. I don't wear much make-up when I'm not working but I love Guerlain's Kiss Kiss Maxi Shine Lipstick in Beige. I have very full lips and prefer a neutral color and this lipstick is my favorite. And I always put my make-up on very clean skin.

The beauty product I absolutely could not live without... is my favourite body scrub, which I use every day: it's called Nyaki Kenyan Coffee and Sugar Scrub and it's heaven! In my bag though, you'll only find a cell phone, bottle of water and breath mints!

I'm lucky not to have to struggle with my weight but like every woman, there are things about my body I like and things I don't like but I really try to stay focused on the positive. Most of the time, I eat very well for my health because it makes me feel good. Although, I recently learned how to bake a pie so I'll probably have to control that!

I like water therapy: if I had to choose between a stimulating shower or a relaxing bath I'd say it depends on the day. I will say I love both so much that I

like to stay in both the bath and shower a long time.

I focus on my health by exercising regularly and changing my routine often so that neither my mind nor my body gets bored. I like to work out early in the day because it gets the day off to such a good start. Right now, I'm running and playing tennis but I'll maybe change my routine again soon.

I tend to be very faithful to a fragrance if I love it. I used to wear Helmut Lang, but now I live with Insolence, the new perfume by Guerlain, of course! The only fragrance I was aware of growing up was Shalimar by Guerlain because my mother wore it every day so you can imagine how honoured I was, and how proud my mom was, when Guerlain asked me to be their new spokesperson.

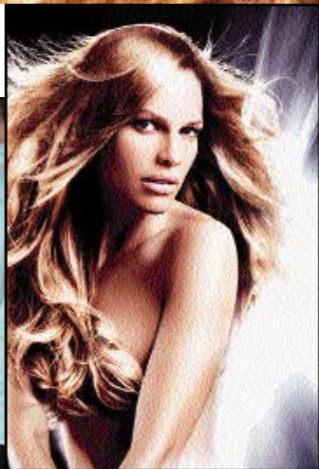
Fussing with my hair every day isn't me. When I'm not working on a film, I just leave it alone and let it grow. I like very natural looking hair: I love working with (international celebrity hairdressers) Kevin Ryan, Chris McMillan, and Serge Normant. They all take very good care of me, but usually I prefer to wear my hair clean and natural with no product in it.

I'm neither for nor against cosmetic surgery, but I do love seeing the lines on someone's face. They tell a story of a life that's been lived.



*** VITAL STATS**

Born: 30 July 1974
Where: Lincoln, Nebraska, USA
Awards: Won two Oscars, two Golden Globes, nominated for a BAFTA
Height: 5' 7"
Biography: The product of a well-documented trailer-park upbringing, Hilary Swank is best known for winning the Best Actress Oscar for her stunning performance in Boys Don't Cry. Continuing to expand her range, she then hit big again as a wannabe boxer in Clint Eastwood's critically-acclaimed Million Dollar Baby. She lives in Malibu and recently separated from her husband Chad Lowe, brother of Rob. She spent the summer doing charity work in India.



Facials are my first port of call. My skin can get really dirty from the make-up used on film sets so I rush to get a facial as soon as I wrap a movie. My facialist in New York is Christine Chin and she is my absolute favourite. Everytime I go to NY, I go see her.

My beauty secret is very simple. I think the best thing you can do for your skin is to drink a lot of water and get plenty of sleep. I also love Midnight Secret Late Night Recovery Treatment by Guerlain.

When stress threatens I take action. There is nothing better than getting a massage at home and going directly to bed. Or I'll go for a good run, play with my dogs or have a great conversation with a close friend. These things can all really help me to relax.

I choose not to sunbathe. Mainly because I don't have the patience to just lie in the sun, but I love any outdoor activity, so I get my sun that way.

When I travel, it's hard to eat healthily. But usually I really try to eat before I get on the plane and thankfully all room service menus have vegetables on them. But one of the fun things about travelling is trying different kinds of food – just not on the airplane!

If all else fails... I fall back on a good night's sleep, a foot massage, and spending time with my animals. When I'm really tired, I turn off the cell phone and unplug the phone at home and take a long hot bath, too. And I love to read: there's a poet I love named Mary Oliver whose work I am reading at the moment.

** Insolence! by Guerlain: prices range from £26 for 30ml eau de toilette, to £63 for the pure perfume extract. A bath and body range is also on counters now in Cardiff Howells and Debenhams. Stockists: 01932 233 887.*

- HILARY'S ON-SET LOOK**
 Filming a TV advert for Guerlain, and shooting pics for magazine campaigns, Hilary was made up by international artist Scott Andrew. The Guerlain products he used are:
- SKIN**
 - Fleur de Teint Mat, Beige Moyen 560 £24
 - Touche de Teint, Beige Naturel 20 £16.50
 - Terracotta Light, Blonde 01 £25.50
 - LIPS**
 - KissKiss Envie de Beige 540 £15
 - Divinora Lip Pencil in Cupidon 00 £12.50
 - EYES**
 - Divinora Radiant Colour Palette, Touche de Beige 241 £31.50
 - Mascara Maxi Lash, Wonder Black 13 £18